

## The science of happiness 3

## "Thank you" to the world

Happy people thank people. They also notice good things in their lives.

I want to say "grazie" to Italy. They gave the world some great art. They gave the world pizza, too. I'll say "shukran" to Egypt. They created math. I don't like math, but it is important. I want to say "she she" (xie xie) to China because I love Chinese food. Me, too.



• Work with a partner. Can you say "thank you" in other languages? Which ones?

Write the "thank you" words in the black boxes. Write the countries on the line.

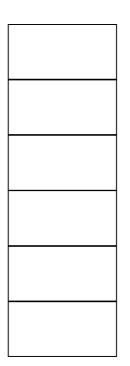
## "Thank you" word country

grazíe

Italy
$\sim$

great art, pízza

reasons



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2 Think of reasons to thank people in those countries. Write the reasons .

**B** Join another pair. Share your ideas.

Language focus: giving reasons Positive psychology focus: Happy people express gratitude © 2012 Marc Helgesen OK to photocopy www.ELTandHappiness.com