

The science of happiness 3

"Thank you" to the world

Happy people thank people. They also notice good things in their lives.

I want to say "grazie" to Italy. They gave the world some great art. They gave the world pizza, too. I'll say "shukran" to Egypt. They created math. I don't like math, but it is important. I want to say "she she" (xie xie) to China because I love Chinese food. Me, too.



• Work with a partner. Can you say "thank you" in other languages? Which ones?

Write the "thank you" words in the black boxes. Write the countries on the line.

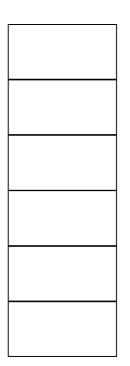
"Thank you" word country

grazíe

Italy
\sim

great art, pízza

reasons



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2 Think of reasons to thank people in those countries. Write the reasons .

B Join another pair. Share your ideas.

Language focus: giving reasons Positive psychology focus: Happy people express gratitude © 2012 Marc Helgesen OK to photocopy www.ELTandHappiness.com