

A gratitude letter Name:

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Gratitude means feeling thankful.

People who show gratitude are happier.

A gratitude letter is a letter of thanks. It is for someone who helped you in an important way.

Think about your life. Who has helped you? What did they do?

Please write a letter to the person who helped you. You can write in English and translate it into Bahasa. Ideas:

- · Your mom or dad
 - A special teacher or coach
 - Someone who helped or was kind when you really needed it.
 - Someone who changed your life.

OR Write the letter in Bahasa. Then translate it into English. Tell them: • what (exactly) they did

- why it is so important to you
 - **how** it helped or changed you

In English, use some of these words.

• I want to thank you... • I remember the time you... • because...

• mail the letter to the person OR

• (the best way) deliver the letter and read it to the person.

© 2014 Marc Helgesen OK to copy. http://ELTandHappiness.com Di kelas bahasa Inggris saya, kami telah membicarakan tentang orang-orang dan kejadian-kejadian penting dalam hidup kami. Guru saya meminta saya untuk menulis sebuah "surat terima kasih" untuk seseorang yang telah menolong saya.

Saya memutuskan untuk menulis surat untukmu.

In my English class, we have been talking about important people and events in our lives. My teacher asked me to write a "gratitude letter" to someone who had helped me.

I decided to write to you.

Here is the letter.

Inilah surat tersebut.

