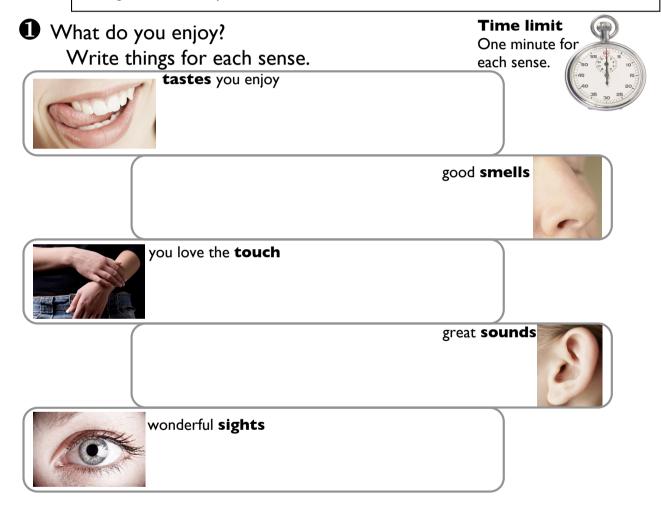


## **Enjoyment makes sense**

## People have five senses: taste, smell, touch, hearing & sight

I love the taste of hot chocolate on a cold day. What smells do you like? I enjoy the feeling of my cat's fur. A sound I like? Children laughing. Seeing a rainbow is special.

Me, too. The smell of fresh baked bread. That's nice. Great. I think so, too.



Work with a partner. Compare answers.
Did your partner write the same thing? Check (√) it.
Ask more questions: When...Where...Who...What...Why...How...

Think of something you enjoy doing.
Tell your partner about it.
Talk about <u>all</u> the senses.

Language focus: Habitual present. describing things Positive psychology focus: noticing positive emotions (savoring), mindfulness