



The science of happiness ②

# Compliments

A “compliment” is when you say something nice about someone.

① Work in groups of 4-5.

Think of one *true* compliment for each person.

You’ve got a beautiful smile.

That’s a really nice scarf.

You’re really nice

Cool jacket!

You’re always on time.

You’re so smart.

“smart” = intelligent

You are really creative.

② Compliment each partner.

Partner, just say, “Thank you.”

③ When you finish, remember each compliment.

*Yumi said I have a nice smile.*

*J.J. said I am creative.*

Every time you remember a compliment, smile.



Language focus: compliments, reported speech  
Positive psychology focus: Happy people do kind things for others.

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